

Tumbling

Learn how to develop basic gymnastics and tumbling skills. This class is for Girls and Boys age 18 months and up.



Tumbling

Month to Month Classes- open to registration anytime Aug-June

Parent & Tot (Age 18 months-3 Years)- Wednesday 10:45-11:25am

Kinder Gym B (Age 3-6)- Wednesday 10:00-10:40am

Yearlong Classes- Instructor approval and testing required before registration.

Classes are a year commitment from Sep-June

Kinder Gym A (Age 3-6)- Wednesday 9:15-9:55am

Kinder Gym C - Level 1-2 (Age 3-6)- Wednesday 11:30am-12:30pm

Kinder Gym D (Age 3-6)- Wednesday 12:35-1:15pm

Kinder Gym E (Age 3-6)- Wednesday 1:20-2:00pm

Kinder Gym F - Super Advanced-Level 2 (Age 3-10)- Monday 4:00-4:40pm

Kinder Gym G - (Age 3-10) Monday 4:00-4:40pm

Kinder Gym H - Super Advanced (Age 3-10)- Monday 4:45-5:25pm

Kinder Gym I - Level 1-2 (Age 3-10)- Monday 4:45-5:25pm

Kinder Gym J -Super Advanced-Level 2 (Age 3-10)- Monday 5:30-6:10pm

Kinder Gym K - (Age 3-10)- Monday 5:30-6:10pm

The cost is \$32 for resident and \$34 for non residents per month. There is a \$5 sibling discount when you enroll 2 or more children.

Instructor: Tisa Hedman 801.865.4412

South Jordan Fitness & Aquatic Center | 10866 S. Redwood Rd. | South Jordan, UT 84095

