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FOR IMMEDIATE RELEASE:

## South Jordan City Hosts Health and Wellness Expo

**SOUTH JORDAN, UT – Feb. 9, 2015**—South Jordan City hosts the fourth annual Health and Wellness Expo on Monday, Feb. 16 from 9:00 a.m. to 1:00 p.m. at the South Jordan Fitness and Aquatic Center.

Members of the public can talk to vendors and receive free health screenings including: hearing, blood pressure, vision, body fat analyses, BMI and more. Membership discounts of 10 percent off for all new annual memberships or renewals to the South Jordan Recreation Center will be offered during the expo.

Admission is free to the center during the expo. All South Jordan City residents and non-residents are welcome.

Vendors include: Costco Hearing, Costco Dental, Intermountain Medical Center, Connect Hearing, Department of Environmental Quality, Sagewood at Daybreak, Wildtree, Salt Lake County Health Department, Utah Poison Control, Intermountain Home Care, American Healthcare Technologies, Complete Nutrition and more.

**Who:** Open to the public, including non-residents.

What: South Jordan City's Health and Wellness Expo

When: Monday, Feb. 16, 2015 from 9:00 a.m. to 1:00 p.m.

Where: South Jordan Fitness and Aquatic Center 10866 South Redwood Road

South Jordan

For more information call, (801)-253-5236.

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The City of South Jordan, one of the fastest growing cities in the United States, is located 20 miles southwest of Salt Lake City, and home to more than 63,000 residents. In 2010, 2012, and 2014, South Jordan was named one of the Top 20 "Best Place to Live in America" by Money Magazine.