

It's Been a While Dance

Adult Jazz & Ballet

Tuesday Night

Intermediate Jazz 8:30 - 9:45pm

Wednesday Night

Intermediate Jazz 7:15 - 8:45pm

Both Jazz classes are great for improving your technique in several styles of dance. You will learn modern, jazz, lyrical, contemporary, Broadway and Hip-hop. Warm-ups focus on increasing flexibility and strength, and across the floor exercises focus on improving turns, jumps, and leaps. You will end by learning a dance. This class is a great opportunity to perform in our annual Adult Dance Performance. A show that gives amateur dancers of all levels the opportunity to perform.

Intermediate Ballet 8:45 - 9:45pm

This class is great for strengthening your core. Starting with a classical barre, working on flexibility and center floor and across the floor movement. You will end by learning a dance routine. Performing opportunity in this class as well.

Saturday Morning -No new participants August- November

Jazz Technique Workshop 10:00 - 11:00am

A great drop in class for intermediate dancers. Work to build your strength and technique. Focus on leaps, turns and jumps.

Fees-

Tuesday night intermediate Jazz =\$35 per month

Wednesday night intermediate Jazz =\$35 per month

Wednesday night intermediate Ballet =\$35 per month

Wednesday night intermediate Jazz & Ballet Combo =\$50 per month

2 class Combo; Tuesday and 1 Wednesday class =\$55 per month

3 class Combo; Tuesday and both Wednesday classes =\$70 per month

Saturday Technique workshop = \$6 per week

Instructor: Jackie- 801-580-2576 davorjac@gmail.com

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