

Tumbling

Learn how to develop basic gymnastics and tumbling skills. This class is for Girls and Boys age 18 months and up.



Tumbling

Month to Month Classes- open to registration anytime Aug-June

Parent & Tot (Age 18 months-3 Years)- Wednesday 10:45-11:25am

Kinder Gym B (Age 3 and up)- Wednesday 10:00-10:40am

Yearlong Classes-age 3 and up **Instructor approval and testing required before registration.**

Classes are a year commitment from Sep-June

Kinder Gym A Beginning- Wednesday 9:00-9:50am

Kinder Gym C Advanced- Wednesday 11:30am-12:30pm

Kinder Gym D Beginning- Wednesday 12:35-1:25pm

Kinder Gym E Beginning- Wednesday 1:30-2:20pm

Kinder Gym F Advanced- Monday 4:00-4:50pm

Kinder Gym G Beginning- Monday 4:00-4:50pm

Kinder Gym H Advanced - Monday 4:55-5:45pm

Kinder Gym I Beginning- Monday 4:55-5:45pm

Kinder Gym J Advanced - Monday 5:50-6:40pm

Kinder Gym K Beginning- Monday 5:50-6:40pm



The cost is \$33 for resident and \$35 for non residents per month. There is a \$5 sibling discount when you enroll 2 or more children.

Instructor: Tisa Hedman 801.865.4412

South Jordan Fitness & Aquatic Center | 10866 S. Redwood Rd. | South Jordan, UT 84095