

add some healthy motivation to your holidays &
join our fitness challenge ...



THIGHS *before* PIES

Holiday Fitness Challenge is FREE to enter and runs from Thanksgiving-New Years. Registration will be open at the front desk until November 22. Points will be given for working out, taking classes & maintaining or losing weight!

*** Weigh In * Make Goals * Earn Prizes**

Standard membership and day pass rates apply to use the facility

South Jordan Fitness & Aquatic Center 10866 S. Redwood Rd. South Jordan, UT 84095

