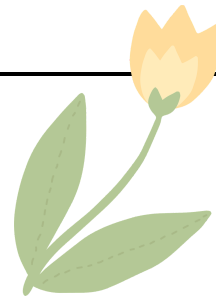


April



SOUTH JORDAN SENIOR PROGRAMS

THE LATEST NEWS AND UPDATES ON SENIOR HAPPENINGS

Located at: **South Jordan Community Center**
10778 S Redwood Rd | South Jordan, Utah 84095
801-302-1222 or 801-253-5203 ext. 1102 | www.sjc.utah.gov
Hours of Operation: Monday-Friday 8:00 AM-3:30 PM

WELCOME TO SOJO SENIOR PROGRAMS!

The Community Center staff and the Senior Advisory Committee welcome you to our great center! Participation in activities for Senior Programs are for seniors 60+. Joining is free and classes are free unless otherwise noted. See information listed in the following pages of this newsletter. Call us if you have any questions!

SOUTH JORDAN SENIOR ADVISORY COMMITTEE

The South Jordan Senior Advisory Committee is dedicated to helping promote the interests of older adults and caregivers in the community by partnering with Senior Programs

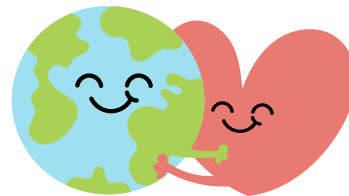
- to provide a creative and informational environment where older people can engage in social activities
- by sustaining and improving the quality of health, well-being and safety
- and by supporting the fulfillment of older adult needs in the community



Open meetings held the last Monday of the month. Information posted on Utah Public Notice website located at <https://www.utah.gov/pmn> and in the following pages of this newsletter.

HAPPY EARTH DAY!

Earth Day is observed on April 22 and is a time to raise awareness about the need to be good stewards of earth's resources for future generations. There are some key issues related to Utah to be aware of this Earth day that include, drought, air quality, and the future of the Great Salt Lake. I encourage you to learn about these issues and ask questions about how you can make a difference. Never underestimate the power you have to make a difference! Wendell Berry said that the earth is what we all have in common, so let's come together with gratitude and action!



Join us for our Earth Day Clothing Exchange and Boutique! Details on page 6.



“April is nature's way of saying ‘Let's party!’”

~Robin Williams

COMMUNITY CENTER STAFF

Community Center Manager
Jamie Anderson

Senior Programs Coordinator
Jennifer Puntel

Kitchen Assistant
Darla Grebb

Recreation Customer Service Assistant
Robert Kuta

Driver
Mark Angelides

Custodian
Marco Rodriguez

SENIOR ADVISORY COMMITTEE

Chair
Erie Walker

Vice Chair
Linda Walker

Members
Billie Lawrence
Midge Treglown
Kaye Wadley

City Council Liaison
Don Shelton

DAY DIRECTORS

Susan Briggs
Mary Alice Weber
Kaye Wadley
Helene Cutolo
Nancy Nielsen
Pearl Porritt
Billie Lawrence
Denise Smith
Judy Weaver

KITCHEN VOLUNTEERS

Lois Dutton
Susan Briggs
Pearl Porritt
Mike Murphy
Deepa Gokarn

MEALS

Information in this newsletter is subject to change at any time
BREAKFAST | EVERY FRIDAY | 8:00-10:00 AM | \$2.00

Darla's Diner Breakfast provided on Friday! In-person seating available ongoing. Limited to one meal per person. First come, first serve. Cash or check is accepted by placing it in the provided breakfast donation box. Homebound available for those who qualify. Qualification forms available at the front desk.

BEVERAGE CART | MONDAY-FRIDAY | 8 AM-1 PM | INCLUDED WITH A MEAL, OTHERWISE SUGGESTED DONATION: \$1.00

Our beverage cart is located in the hallway outside of the kitchen. It includes regular coffee, hot chocolate, water, apple cider, and tea. These beverages are self serve. All beverages are included in a meal, otherwise a suggested donation of \$1 is appreciated.

**LUNCH | MONDAY-FRIDAY | 11:30 AM-12:15 PM | HOMEBOUND MEAL PICK-UP AT 11:00 AM
SUGGESTED DONATION FOR 60+ IS \$4.00**

Salt Lake County Aging and Adult Services is providing lunch at the Community Center. Homebound lunch meals are available for those who qualify. Qualification forms available at the front desk. Regular meals are served between 11:30 AM-12:15 PM are in-person and first come first serve. Donations are accepted by placing cash or check in the provided donation box or online at <https://salt-lake-county-aging-adult-services.square.site/>


FOOD DONATIONS | EVERY TUESDAY & THURSDAY | 11:15 AM

Our Senior Center receives a variety of food donations from Olive Garden, Kneaders, Costco, Smith's, and more. We will have an individual drawing for these items every week at 11:15 AM on Tuesday and Thursday. ***Days and times are subject to change.**

TRANSPORTATION

TRANSPORTATION | MONDAY-FRIDAY | 9:00 AM-3:30 PM | FREE

Transportation to and from Senior Programs is available for South Jordan Residents ages 60+ free of charge. Reservations need to be made no later than the day before a ride is needed. Please call 801-302-1222 or 801-253-5203 ext. 1102 to schedule a ride.

TRIPS | MONTHLY-SEE CALENDAR | COST VARIES DEPENDING ON TRIP

Day trips are scheduled every month to various places. Seating is limited and sign up is on a first come first serve basis. Please see "Coming Up" section on page 7 for next months trips and the date you can start signing up. Sign up is taken in person or by phone. You are permitted to sign yourself up and one other person. If a trip fills up, your name can be put on stand by. The stand by list will be moved up in the order names are listed. Any payment is due at the time of sign up. You will not be placed on the list without payment.

FITNESS

T'AI CHI | EVERY TUESDAY & FRIDAY | 10:00-11:00 AM | IN-PERSON | STREAMING ON ZOOM AT THE SAME TIME

Taught by Ray J. Zoom Meeting ID: 989 9667 6163, Passcode: 205493. Join us every week for this calming method of stretching and breathing said to reduce anxiety and depression while improving balance, flexibility and muscle strength. Primarily done standing and in a chair.

FLOW YOGA | EVERY MONDAY | 2:30 PM | IN-PERSON

Taught by Cassy. Designed to focus on the connection between breath, movement and mind. Primarily done on the floor using a yoga mat (provided, if needed).

YIN YOGA | EVERY THURSDAY | 2:30 PM | IN-PERSON

Taught by Cassy. A slow paced style of yoga that incorporates holding postures for longer periods. Increases flexibility as well as improves circulation and emotional balance. Primarily done on the floor using a yoga mat (provided, if needed).

**RESTORATIVE YOGA | EVERY MONDAY & WEDNESDAY | 9:30-10:30 AM | IN-PERSON
MONDAY CLASS STREAMED ON ZOOM AT THE SAME TIME**

Monday class taught by Stefani, Wednesday class taught by Katie. Monday Meeting ID: 938 2111 1657 Passcode: 518770. Designed to strengthen your mind, body and spirit. Primarily done on the floor using a yoga mat (provided, if needed).

GENTLE YOGA | EVERY THURSDAY | 10:00 AM | IN-PERSON

In-person taught by Alicia. Designed to increase flexibility, strength and balance. Primarily done in a chair.

PICKLEBALL | EVERY MONDAY, TUESDAY & THURSDAY | 1:30 PM (MONDAY STARTS AT 1:45 PM)

A fun sport that combines many elements of tennis, badminton and ping pong and helps improve hand-eye coordination, dexterity, mobility, agility, and balance. Played indoor in the auditorium.

ZUMBA GOLD | EVERY THURSDAY | 9:15 AM | IN-PERSON

This class is perfect if you are looking for a modified Zumba class that recreates the original moves you love at a lower-intensity. Join Eleika and reap the benefits in your cardiovascular system, and improve your flexibility and balance!

EXERCISE EQUIPMENT | MONDAY-FRIDAY | AVAILABLE BETWEEN 8:00 AM-3:30 PM

One treadmill and 3 recumbent bikes are available for your use, complete with a television to help the time go by.

STRENGTH TRAINING | EVERY WEDNESDAY AT 2:30 PM | IN-PERSON

One of the most important things you can do for your body! Join Cassy on Wednesday and together you can combat weakness and frailty while preserving bone density, independence, and vitality!

BOLLYPOP | EVERY FRIDAY AT 1:30 PM | IN-PERSON

BollyPop Dance Fitness is a high energy cardio workout with easy to follow moves to Bollywood hits. Done standing and sitting in a chair.

CLUBS & GAMES

8

BINGO! | EVERY WEDNESDAY | 12:30 PM | FREE

Join us for this classic game! It is free to play and everyone goes home with a prize! One lucky person will also win the blackout prize!

CANASTA CLUB | EVERY WEDNESDAY & FRIDAY | 12:30 PM | FREE

This classic card game is easy to learn and a lot of fun!

BILLIARDS | MONDAY-FRIDAY | AVAILABLE BETWEEN 8:00 AM-3:30 PM | FREE

Anyone for a game of pool? We have a 7 foot table along with all the supplies, just bring players!

WII BOWLING | MONDAY-FRIDAY | AVAILABLE BETWEEN 8:00 AM-3:30 PM | FREE

A fun digital way to stay active and work on your perfect game! No lifting of heavy bowling balls required! Are you part of the 300 club?

CHINESE MAHJONG CLUB | EVERY TUESDAY | 12:30-3:00 PM | FREE

A tile based game developed in 19th century China. It is a social game that allows friends to get together and have fun!

COINS WITH GENE | ONCE A MONTH-CHECK CALENDAR (PAGES 4-5) FOR DATE | 10:00 AM

Did you know there is a 2004 Quarter worth \$2000? It is a 2004-D Wisconsin "Extra Leaf" State Quarter. How long has it been since you went through your coin jar? Bring your collected coins to see what their value is or learn how to start collecting coins!

HAND, KNEE, AND FOOT CARD CLUB | EVERY FRIDAY | 10:00 AM | FREE

Come play a fun variation of Canasta with us!

ART

OIL/ACRYLIC PAINTING | EVERY TUESDAY | 12:30-3:00 PM | \$3.00/CLASS

Taught by Fran and Karen. Whether you are new to oils or have experience, you will learn something new in this supportive class environment. You must have your own supplies. Supply list available at the front desk. Beginners welcome!

WATERCOLOR | EVERY FRIDAY | 10:00 AM-12:00 PM | \$3.00/CLASS

Taught by Gwen. Novice or professional, you will enjoy this class! You must have your own supplies. Supply list available at the front desk.

CERAMICS | EVERY MONDAY & WEDNESDAY | 12:30-3:30 PM | \$1.00 + COST OF SUPPLIES

Open studio environment, have a great time creating original pieces of art. We have molded pieces available to choose from that you can paint or glaze and have fired in the kiln. Our volunteers would be happy to help you find just the right piece to begin! Fee's vary depending on piece.

WOODCARVING | EVERY THURSDAY | 9:00 AM | FREE

Create amazing works of art using a simple piece of wood. Bring your creativity! Some supplies provided.

CROCHET AND KNIT | EVERY WEDNESDAY | 9:30 AM | FREE

Join Norma every Wednesday to learn something new or have someone to talk to while you work. Yarn donations accepted.

THERE'S MORE

LIBRARY | MONDAY-FRIDAY | AVAILABLE BETWEEN 8:00 AM-3:30 PM

We have a plethora of books that have been donated for your enjoyment. No need to "check" them out, just return them to the designated "Book Return" once completed so others may benefit from this service. Books are managed and organized by our volunteer librarian, Midge.

COMPUTER LAB | MONDAY-FRIDAY | AVAILABLE BETWEEN 8:00 AM-3:30 PM | FREE

Checking emails or playing solitaire, the computer lab is available for your virtual needs. Printer available as well. Please limit printing to 10 pages per person. Additional pages will be 10 cents each. Payment can be made in the office.

CELL PHONE HELP | ONCE A MONTH, CHECK CALENDAR (PAGES 4-5) FOR DATE | 10:30 AM

Need a little extra help figuring out your cell phone? We can help! Students from American Academy of Innovation will be here monthly to answer your questions. Sign up in the office.

BRIDGE CAFÉ | ONCE A MONTH, CHECK CALENDAR (PAGES 4-5) FOR DATE | 11:30 AM

A collaboration between American Academy of Innovation, Senior Programs, and South Jordan City operations. Once a month during lunch students and Sojo City workers will come to lunch with Senior Programs where we can talk about what happens in a particular city department. We will answer questions and develop relationships to build bridges between generations and city involvement.

VITAL AGING CLASS | EVERY MONDAY | 11:00 AM | FREE

Join Jesse from Valley Behavioral Health for an informative course that will teach positive skills to help with every day stressors.

April Topic: "Mindfulness" Mindfulness is the practice of being in the moment and noticing how it allows us to be more content, less anxious, and less worried. In this series we will learn about a variety of mindfulness practices that can enrich our lives in order to boost our quality of life. **May Topic:** "Radical Acceptance", **June Topic:** "Principles of Happiness"

SALON | TUESDAY-FRIDAY | 10:00 AM-2:30 PM | FEE'S VARY

Licensed stylists, Caroline Sander and Karrie Eddington are here to serve you with professional salon services at affordable prices! Stop by on Tuesday - Friday or call them directly for an appointment. Caroline: 801-577-7594 | Karrie: 801-518-7295

GENEALOGY CLASS | EVERY TUESDAY | 12:30 PM | FREE | MUST SIGN UP AHEAD OF TIME

Riverton Family Search is here to help you navigate their extensive website and help you map out your family tree! Class is led by trained volunteers with a broad knowledge. Held in the computer lab. Sign up at the front desk.

SENIOR PROGRAMS CHOIR | PRACTICE EVERY MONDAY | 1:00 PM | FREE

Performances will be in May 2026! Led by Michelle Willis.


NUTRITION CLASS | EVERY WEDNESDAY | 1:00 PM | FREE

Learn about basic nutrition and the value of health. Taught by Dan Smurthwaite pulling from evidence based curriculum.

SOUTH JORDAN SENIORS

APRIL

Every Monday

- 8:00-3:30 Computer Lab, Exercise Equipment, Billiards, Library
- 8:00-3:30 Wii Bowling
- 9:30 Restorative Yoga
- 11:00 Vital Aging Class
- 11:30-12:15 Lunch
- 12:30 Ceramics
- 1:00 Choir Practice 
- 1:45 Pickleball
- 2:30 Flow Yoga

Every Tuesday

- 8:00-3:30 Computer Lab, Exercise Equipment, Billiards, Library
- 8:00-3:30 Wii Bowling
- 10:00 T'ai Chi
- 11:15 Drawing for food donations
- 11:30-12:15 Lunch
- 12:30 Genealogy Class
- 12:30 Chinese Mahjong Club
- 12:30 Oil/Acrylic Painting
- 1:30 Pickleball

Every Wednesday

- 8:00-3:30 Computer Lab, Exercise Equipment, Billiards, Library
- 8:00-3:30 Wii Bowling
- 9:30 Restorative Yoga
- 9:30 Crochet/Knitting
- 10:00-2:30 Salon
- 11:30-12:15 Lunch
- 12:30 Bingo
- 12:30 Ceramics
- 12:30 Canasta Club
- **NEW** 1:00 Nutrition Class
- 2:30 Strength Training

SUN

MON

TUE

WED

NUTRITION CLASS

every Wednesday | 1:00 PM
Learn about basic nutrition and the value of health in this ongoing class.
Taught by Dan.
*Sign up in the office

BOLLYPOP

New day and time!
every Friday at 1:30 PM
BolyPop Dance Fitness is a high energy cardio workout with easy to follow moves to Bollywood hits. Taught by Isha.

1 APRIL FOOLS PASSOVER

12:30 Bingo! Senior Program
Copper Creek



5 EASTER



6

7

10:00 TRIP: Lindon Temple Open House
bring money for lunch
*sign up in the office



8

12:30 Bingo! Senior Program



12

13



May sign-ups available today. Any payment is due at time of sign up

14 YOM HASHOAH



9:30 Free Hearing Testing by the Hearing Ladies
*Sign up in the office



15

10:30 PRESENTATION "Recognizing Financial America First Credit"

12:30 Bingo! Senior Program Family Funeral Center



19



20

21

10:00 Coin's with Gene



22 EARTH DAY

9:00-1:00 EVENING Earth Day Clothing Exchange & Book Sale

12:30 Bingo! Senior Program Humana



26

27

11:00 Senior Advisory Committee Meeting



28

9:00 Birding for Wellness with Connections Family Wellness
*sign up in the office



29

12:30 Bingo! Senior Program Riverway Association



SENIOR PROGRAMS

2026

Wednesday

Computer Lab, Exercise
Billiards, Library
Bowling
Yoga
Art Class
Services
Tech

Club
Class
Training

Every Thursday

- 8:00-3:30 Computer Lab, Exercise Equipment, Billiards, Library
- 8:00-3:30 Wii Bowling
- 9:00 Woodcarving
- 9:15 Zumba Gold
- 10:00-2:30 Salon Services
- 10:00 Gentle Yoga
- 11:15 Drawing for food donations
- 11:30-12:15 Lunch
- 1:30 Pickleball
- 2:30 Yin Yoga

Every Friday

- 8:00-10:00 Darla's Diner Breakfast
- 8:00-3:30 Computer Lab, Exercise Equipment, Billiards, Library
- 8:00-3:30 Wii Bowling
- 10:00-2:30 Salon Services
- 10:00 Watercolor
- 10:00 T'ai Chi
- 10:00 Hand, Knee, & Foot Card Club
- 11:30-12:15 Lunch
- 12:30 Canasta Club
- 1:30 **BOLLYPOP**

D

THU

FRI

SAT

Happy Passover
Sponsored by
Senior Living

PER CREEK
OR LIVING
Living Community

2

9:00-3:00 AARP Tax Aide
*Appointment required

3

4



Sponsored by
ms

SENIOR
PROGRAMS

9 NATIONAL FORMER POW
RECOGNITION DAY

9:00-3:00 AARP Tax Aide
*Appointment required

10

10:30 Cell Phone Help
*Sign up in the office

11:30 Bridge Café with
Public Works



11

AMERICA FIRST
CREDIT UNION

Financial Fraud" with
Credit Union

Sponsored by
Care

Family
FIDELITY CARE

16

11:30 EVENT: Spring Banquet
Entertainment provided
through Heart & Soul
*sign up in the office



17 ARBOR DAY



18

10:00-4:00 City of South Jordan
Spring Spectacular
Open House held at East
Riverfront Park
Open to all ages!



Earth Day
boutique

Sponsored by
mana.

23

24



25

Sponsored by
sted Living

erway
MONEY CARE

30

10:00 TRIP: Tulip Festival
\$21 plus money for lunch
*Sign up in the office



SoJo
SENIOR
PROGRAMS



SoJo Senior Programs Annual

SPRING BANQUET



Thursday, April 16 | 11:30 AM

Join us for a delightful meal and a great time!!
Entertainment provided through Heart & Soul

Lunch provided by Salt Lake County Aging Services. Suggested donation is \$4



CLOTHING EXCHANGE AND BOUTIQUE



Wednesday, April 22 | 9:00 AM-1:00 PM at the South Jordan Community Center

Items for sale at various booths plus a clothing exchange!

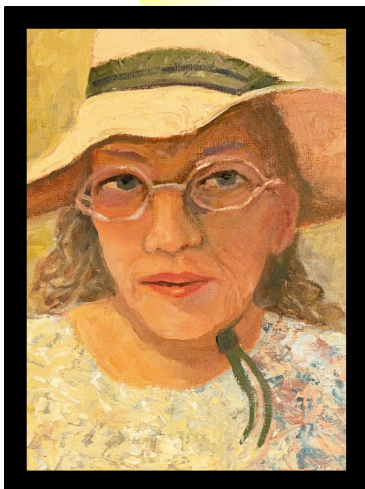
Did you know that discarded clothing has a significant impact on the environment by contributing to landfill waste? Make a difference this Earth Day by bringing your gently used clothing to our exchange! Bring any clothing to the center by April 20. Then come back on April 22 and choose some new clothes-and the best part-it's free!



While you're here, you can peruse the boutique and benefit from the availability of unique items and local support. Booths will be selling items, so come prepared!

MONTHLY STAFF SPOTLIGHT: OIL PAINTING INSTRUCTOR

KAREN RACKLIFFE



I am Karen Rackliffe. I love coming to the South Jordan Center to help with the Oil and Acrylic painting class.. I began teaching art around 1995. I taught Art, Art History, and Science in charter schools and to homeschool groups. For twenty years I taught watercolor to small groups in my home. When I decided to learn oils, I was thrilled to find the class at the center. It is now a privilege to teach here.

The Oil/Acrylic class includes beginners and more experienced artists. All are welcome. Short lessons. Individual help. Creative friends. Lots of paint! Come join us on Tuesdays 12:30-3:00 pm.



BRIDGE CAFÉ

Friday, April 10
11:30 AM

This month, welcoming Public Works!

A collaboration between American Academy of Innovation, Senior Programs, and South Jordan City operations. Once a month during lunch we will invite students and SoJo City workers to lunch where we can talk about what happens in a particular city department. We will answer questions and develop relationships to build bridges between generations and city involvement.



ADVICE FROM A RABBIT

Be a good listener
Eat plenty of greens
Let your dreams multiply
Hop to it!
Know when to be still
Spend time in nature
Don't worry, be hoppy!



SOUTH JORDAN SENIOR PROGRAMS AND CONNECTIONS FAMILY WELLNESS ARE

BIRDING FOR

Birdwatching Event

WELLNESS

JOIN US!

TUESDAY, APRIL 28 | 9:00 AM



Birdwatching can reduce stress, connect you to your community, improve your mood, and boost your memory!

Join Evan from *Connections Family Wellness* for a morning full of mindful observation.

We will meet at the Community Center, then travel to the Jordan River Parkway in South Jordan. Transportation provided. Walking involved.

Bring your binoculars, if you have them!
**Sign up in the office*



RECOGNIZING FINANCIAL FRAUD



Wednesday, April 15 | 10:30 AM

This lesson teaches participants how scammers manipulate emotions and pressure people into quick decisions, helping them recognize common fraud tactics. It walks through major scam types—like phishing, unexpected money or winnings, online seller scams, fake charities, romance scams, emergency scams, extortion, and identity-theft schemes—while also showing how scammers use emails, texts, calls, and social media to target different age groups. Finally, it provides tools for prevention and response, including how to identify suspicious messages, report scams, protect personal information, use multi-factor authentication, and stay vigilant against fraudulent activity.



COMING UP IN MAY

*MAY ACTIVITIES AVAILABLE FOR SIGN UP STARTING MONDAY, APRIL 13

- TRIP: Movie day at Megaplex at the District: Tuesday, May 5 | 10:00 AM | \$8 plus money for treats/lunch
- Cell Phone Help: Friday, May 1 | 10:30 AM | *Sign up in the office. This is the last one until fall
- Bridge Café | Friday, May 1 | 11:30 AM | Meet with students and different city departments each month over lunch to foster connection between residents and city operations. This is the last one until fall.
- Free Hearing Testing: Tuesday, May 12 | 9:30-12:30 | *Appointment required
- EVENT: Mother's Day Tea: Monday, May 11 | 11:30 AM
- Coins with Gene: Tuesday, May 19 | 10:00 AM
- EVENT: Memorial Luncheon: Friday, May 22 | 11:30 AM | welcoming guest speaker Councilmember Don Shelton
- CLOSED on Monday, May 25 in honor of Memorial Day
- Senior Advisory Committee Meeting: Tuesday, May 26 | 11:00 AM
- Free Legal Consultations with Elysium Legal focusing on wills, trusts, and estate planning: Tuesday, May 26 | 10:30 AM | *Appointment required
- TRIP: Tracy Aviary at Liberty Park: date and time to be determined | \$5 plus money for lunch

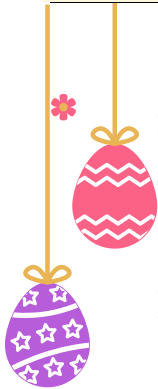


TAX HELP Offering two tax options both held at the South Jordan Community Center



AARP Tax Aide
February 5-April 9
 Every Thursday from
 9:00 AM-3:00 PM
Appointment Required
 Make appointment at the
 Community Center front desk
 or call 801-302-1222
 or 801-253-5203 ext. 1102

VITA
(Volunteer Income Tax Assistance)
February 5-April 11
 Every Thursday from
 5:00-7:30 PM
 Every Saturday from
 8:00-10:30 AM
Appointment Required
 Make your appointment at
www.taxhelput.org



Z M E K E I G L E T S P A R T Y X A Z A
 D D C M F M I A T E U Q N A B C M E A P
 M N B T N U T R I T I O N Y R E N Z M R
 K W G N I D R I B D P K H G R Z W L I Y
 N H S C A L Q U E F T U L I P O Y F N F
 K G Z Q S P N M O V R F C J P H A E D B
 M B R I D G E C A F E A R D D M U A F W
 X C J R K A R E N D F I D K I N H C U S
 C Q O M O N Q E Q I L O S L L M U W L I
 F Y K N F B K D R O P T Y S Z Z P F N E
 F A F W N Q I S F J P W O G J D B R E S
 E D O Y E E T N W H E C F O M U O I S L
 G H P G N L C C W L Q H M S B A U Z S O
 N T E N W J L T L I Y R B Y I R T X R O
 A R M I Y O G N I B L A A I Q F I C Z F
 H A P R Q P E A E O F L P B S A Q K Q L
 C E L P G S P W S S N B I R B F U G X I
 X J X S S J I V M D S S H A I I E C Z R
 E C H Z R E T S A E W C O K M L T Q T P
 P S H O W E R S W D H K P P M S T P E A

WORD LIST

- AMERICA FIRST
- APRIL
- APRIL FOOLS
- BANQUET
- BINGO
- BIRDING
- BOUTIQUE
- BRIDGE CAFE
- CONNECTIONS
- EARTH DAY
- EASTER
- EXCHANGE
- FAMILY WELLNESS
- FRAUD
- FUN
- KAREN
- LETS PARTY
- MINDFULNESS
- NUTRITION
- RABBIT
- ROBIN WILLIAMS
- SHOWERS
- SPRING
- TULIP
- WELLNESS



THANK YOU TO OUR REGULAR SPONSORS & VOLUNTEERS!