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PH: 801.446-HELP @SouthJordanUT

Tina Brown, Communications Coordinator/PIO
Direct: (801) 253-5203, Ext. 1240
Cell: (801) 300-0042
tbrown@sjc.utah.gov

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South Jordan City Hosts Health and Wellness Expo

SOUTH JORDAN, UT – South Jordan City will host the sixth annual Health and Wellness Expo on Monday, Feb. 20 from 9:00 a.m. to 1:00 p.m. at the South Jordan Fitness and Aquatic Center.

Members of the public can talk to vendors and receive free health screenings including hearing, blood pressure, vision, stress scans, body fat analyses, BMI and more. Membership discounts of 10 percent off for all new annual memberships or renewals to the South Jordan Recreation Center will be offered during the expo. Admission is free to the center during the expo. All South Jordan City residents and nonresidents are welcome.

Vendors will include: Costco, Complete Nutrition, Utah Poison Control, Naturepro Wellness, Scranton Chiropractic, Neerg Activewear, Humana, Roseman University of Health Sciences, Utah Division of Services to the Deaf and Hard of Hearing, Winder Farms and more.

Who: Open to the public, including non-residents.

What: South Jordan City's Health and Wellness Expo

When: Monday, Feb. 20, 2017 from 9:00 a.m. to 1:00 p.m.

Where: South Jordan Fitness and Aquatic Center
10866 South Redwood Road
South Jordan

For more information call, (801)-446-HELP.

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The City of South Jordan, one of the fastest growing cities in the United States, is located 20 miles southwest of Salt Lake City, and home to more than 70,000 residents. In 2010, 2012, and 2014, South Jordan was named one of the Top 20 "Best Place to Live in America" by Money Magazine.