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## **South Jordan City Hosts Annual Health and Wellness Expo**

**SOUTH JORDAN, UT** – South Jordan City will host the seventh annual Health and Wellness Expo on Monday, Feb. 19 from 9:00 a.m. to 1:00 p.m. at the South Jordan Fitness and Aquatic Center.

Members of the public can talk to vendors and receive free health screenings including hearing, blood pressure, stress scans, spinal health, BMI and more. Membership discounts of 10 percent off for all new annual memberships or renewals to the South Jordan Recreation Center will be offered during the expo. Admission is free to the center during the expo. All South Jordan City residents and non-residents are welcome.

Vendors will include; Complete Nutrition, Utah Poison Control, Scranton Chiropractic, Neerg Activewear, Roseman University of Health Sciences, Utah Division of Services to the Deaf and Hard of Hearing, Relay Utah, UPSTART, Live Optavia, Winder Farms and more.

**Who:** Open to the public, including non-residents.

**What:** South Jordan City's Health and Wellness Expo

**When:** Monday, Feb. 19, 2018 from 9:00 a.m. to 1:00 p.m.

**Where:** South Jordan Fitness and Aquatic Center  
10866 South Redwood Road  
South Jordan

For more information call, (801)-446-HELP.

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*The City of South Jordan, one of the fastest growing cities in the United States, is located 20 miles southwest of Salt Lake City, and home to more than 72,000 residents. In 2010, 2012, and 2014, South Jordan was named one of the Top 20 "Best Place to Live in America" by Money Magazine.*