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FOR IMMEDIATE RELEASE: February 11, 2019

## **South Jordan City Hosts Health and Wellness Expo**

**SOUTH JORDAN, UT** – South Jordan City will host the eighth annual Health and Wellness Expo on Monday, Feb. 18 from 9:00 a.m. to 1:00 p.m. at the South Jordan Fitness and Aquatic Center.

Members of the public can talk to vendors and receive free health screenings including hearing, blood pressure, and more. Membership discounts of 10 percent off for all new annual memberships or renewals to the South Jordan Recreation Center will be offered during the expo. Admission is free to the center during the expo. All South Jordan City residents and non-residents are welcome.

Vendors will include: Utah Poison Control, Utah Division of Services to the Deaf and Hard of Hearing, Costco, Lighthouse Counseling Services, Relay Utah, and more.

**Who:** Open to the public, including non-residents

**What:** South Jordan City's Health and Wellness Expo

**When:** Monday, Feb. 18, 2019 from 9:00 a.m. to 1:00 p.m.

**Where:** South Jordan Fitness and Aquatic Center  
10866 South Redwood Road  
South Jordan

For more information call, (801)-446-HELP.

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*South Jordan is proud to be named WalletHub's 2<sup>nd</sup> Best City for Access to Resources and the 22<sup>nd</sup> Best Place Overall in America for 2018. We are honored to be chosen by USA Today, for the third year in a row, as one of the Top 50 Best Cities in America to Live In, with the highest*

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*ranking of any city in the state, and to have South Jordan's Daybreak Community named the Best Place in America to Retire, by Where to Retire Magazine.*