

PHASED REOPENING PLAN

SOCIAL GUIDELINES

FOR RESIDENTS and VISITORS

As outlined in the state’s [Utah Leads Together 2.0 plan](#), the Moderate Risk or “Orange” phase asks residents and visitors to:

- Follow strict hygiene standards, including:
 - Do not shake hands.
 - Wash hands frequently with soap and water for at least 20 seconds.
 - Use hand sanitizer frequently.
 - Avoid touching your face.
 - Cover coughs or sneezes (e.g. into a tissue, sleeve, or elbow; not hands)
 - Regularly clean high-touch surfaces (e.g. door handles, counters, light switches, restroom surfaces).

General Public

- Stay 6 feet away from others whenever possible when outside the home.
- Wear a face covering when in public settings where social distancing is difficult to maintain consistently.
- Continue prioritizing virtual interactions over in-person meetings.
- Leave home infrequently.
- Limit in-person interactions to individual households that have also been following recommended distancing and hygiene guidelines. Continue to rely on virtual interactions.
- Limit social interactions to groups of 20 or fewer and maintain social distancing.
- Limit out-of-state travel, and quarantine for 14 days upon returning home.
- Work remotely when possible.

High-Risk Individuals. People over 65 and anyone with an underlying medical condition should:

- Wear a face covering at all times when outside the home.
- Leave home only when essential, such as to attend work that cannot be done remotely.
- Limit visiting friends or family without urgent need.
- Limit physical interactions with other high-risk individuals, except for members of your household.
- Limit attending gatherings of any number of people outside your household or residence.
- Do not visit hospitals, nursing homes, or other residential care facilities.

Family Gatherings (funeral, wedding, religious ceremonies). Small group of close family and friends who are not ill may attend, if they have been following recommended social distancing and hygiene practices for at least two weeks.

Playgrounds, Team Sports, and Group Activities. As outlined in [Utah Leads Together 2.0](#), playgrounds remain closed, and team sports and group activities remain prohibited, under the Moderate Risk or “Orange” phase of the reopening plan.

All Retail Establishments. Face coverings are extremely important in retail settings, as customers are passing one another with high frequency, so both customers and employees should wear face coverings.

FOR MORE INFORMATION

This fact sheet summarizes key social guidelines for Salt Lake County residents and visitors. Additional information is available in the state’s [Utah Leads Together 2.0 plan](#), or call Salt Lake County Health Department at 385-468-INFO (4636).